

Canterbury Volleyball

Summer Skills

Canterbury Volleyball will be running some Summer Skills Sessions!

These sessions are for top age group players that are looking to make Volleyball New Zealand teams.

Here they will get specific skill coaching to help prepare them for the next level of volleyball that they will experience as they trial for these teams.

The sessions will be run by Warren Smith. Warren has a lot of experience in coaching top level volleyball including twice coaching beach volleyball at the Olympics as well as coaching professional teams in Europe and Asia.

He also has played volleyball at UCLA following which he played over in Europe. Warren has also been the Development Manager for Volleyball New Zealand.

Where: Middleton Grange

When: 7.00pm-9.00pm, Wednesdays.

We will be focusing on four specific skills leading up to New Zealand Secondary School Nationals where players will be looked at ahead of squad selection.

Dates

Spiking- March 1st

Setting- March 8th

Serve Receive- March 15th

Blocking- March 22nd

\$20 per session

Limited to 8 players

To register check out our website- canterburyvolleyball.org

For more information contact Angus on 027 3321336 or angus.cva@xtra.co.nz

